

Swimming Lessons | Oct. 1 – Dec. 16

Be in the know! Here are some key dates you'll need to mark on your calendars for this session.

Session Dates		Session	Memo Day	Parent Day	No Class
03-Oct	05-Dec	Mon	Nov. 14	Nov. 21	Oct. 10 & 31
04-Oct	22-Nov	Tues	Nov. 1	Nov. 8	
05-Oct	23-Nov	Wed	Nov. 2	Nov. 9	
06-Oct	24-Nov	Thu	Nov. 3	Nov. 10	
07-Oct	02-Dec	Fri	Nov. 4	Nov. 18	Nov. 11
01-Oct	26-Nov	Sat	Nov. 5	Nov. 12	Oct. 8
04-Oct	27-Oct	Tu & Thu	Oct. 18	Oct. 20	
08-Nov	01-Dec	Tu & Thu	Nov. 22	Nov. 24	
06-Dec	16-Dec	Mon – Thu (2 weeks)	Dec. 13	Dec. 14	

Starfish (4 – 12 months) – 45 minutes parented
\$52.20 members / \$58 non-members

CLASS DATE		DAYS	START TIMES	CODE
04-Oct	27-Oct	Tue,Thu	12:00PM	30933
08-Nov	01-Dec	Tue,Thu	11:00AM	30934
03-Oct	05-Dec	Mon	5:30PM	30935
03-Oct	05-Dec	Mon	4:00PM	30936
05-Oct	23-Nov	Wed	1:30PM	30937
04-Oct	22-Nov	Tue	5:30PM	30938
05-Oct	23-Nov	Wed	6:00PM	30939
06-Oct	24-Nov	Thu	5:30PM	30940
07-Oct	02-Dec	Fri	5:45PM	30941
01-Oct	26-Nov	Sat	9:00AM	30942
01-Oct	26-Nov	Sat	10:30AM	30943
06-Dec	16-Dec	Tu,W,Th,F	5:30PM	30944

Duck (12 – 24 months) – 45 minutes parented
\$52.20 members / \$58 non-members

CLASS DATE		DAYS	START TIMES	CODE
04-Oct	27-Oct	Tue,Thu	12:00PM	30945
08-Nov	01-Dec	Tue,Thu	11:00AM	30946
03-Oct	05-Dec	Mon	5:30PM	30947
03-Oct	05-Dec	Mon	4:00PM	30948
04-Oct	22-Nov	Tue	6:00PM	30949
05-Oct	23-Nov	Wed	1:30PM	30950
05-Oct	23-Nov	Wed	6:00PM	30951
06-Oct	24-Nov	Thu	5:30PM	30952
07-Oct	02-Dec	Fri	5:45PM	30953
01-Oct	26-Nov	Sat	9:45AM	30954
01-Oct	26-Nov	Sat	10:30AM	30955

Sea Turtle (2 – 3 years) – 45 minutes parented
\$52.20 members / \$58 non-members

CLASS DATE		DAYS	START TIMES	CODE
04-Oct	27-Oct	Tue,Thu	11:30AM	30957
08-Nov	01-Dec	Tue,Thu	12:30PM	30958
03-Oct	05-Dec	Mon	5:30PM	30959
04-Oct	22-Nov	Tue	5:30PM	30960
04-Oct	22-Nov	Tue	4:30PM	30961
05-Oct	23-Nov	Wed	1:15PM	30962
05-Oct	23-Nov	Wed	5:30PM	30963
05-Oct	23-Nov	Wed	4:30PM	30964
06-Oct	24-Nov	Thu	5:30PM	30965
06-Oct	24-Nov	Thu	5:00PM	30966
07-Oct	02-Dec	Fri	6:15PM	30967
01-Oct	26-Nov	Sat	10:30AM	30968
01-Oct	26-Nov	Sat	9:30AM	30969
01-Oct	26-Nov	Sat	9:00AM	30970
01-Oct	26-Nov	Sat	10:00AM	30971
06-Dec	16-Dec	Tu,W,Th,F	4:30PM	30972
06-Dec	16-Dec	Tu,W,Th,F	5:45PM	30973

Sea Otter (3 – 5 years) – 30 minutes unparented
\$45.90 members / \$51 non-members

CLASS DATE		DAYS	START TIMES	CODE
04-Oct	27-Oct	Tue,Thu	11:00AM	30974
08-Nov	01-Dec	Tue,Thu	12:00PM	30975
03-Oct	05-Dec	Mon	4:00PM	30976
03-Oct	05-Dec	Mon	5:00PM	30977
03-Oct	05-Dec	Mon	6:00PM	30978
03-Oct	05-Dec	Mon	4:30PM	30979
03-Oct	05-Dec	Mon	5:30PM	30980
04-Oct	22-Nov	Tue	5:30PM	30981
04-Oct	22-Nov	Tue	5:00PM	30982
04-Oct	22-Nov	Tue	4:30PM	30983
04-Oct	22-Nov	Tue	6:00PM	30984
04-Oct	22-Nov	Tue	4:00PM	30985
05-Oct	23-Nov	Wed	1:00PM	30986
05-Oct	23-Nov	Wed	1:45PM	30987
05-Oct	23-Nov	Wed	2:30PM	30988
05-Oct	23-Nov	Wed	5:30PM	30989
05-Oct	23-Nov	Wed	5:00PM	30990
05-Oct	23-Nov	Wed	4:00PM	30991
05-Oct	23-Nov	Wed	6:00PM	30992
06-Oct	24-Nov	Thu	4:00PM	30993
06-Oct	24-Nov	Thu	5:30PM	30994
06-Oct	24-Nov	Thu	6:00PM	30995
06-Oct	24-Nov	Thu	4:30PM	30996
06-Oct	24-Nov	Thu	5:30PM	30997
06-Oct	24-Nov	Thu	5:00PM	30998
07-Oct	02-Dec	Fri	5:15PM	30999
07-Oct	02-Dec	Fri	5:45PM	31000
07-Oct	02-Dec	Fri	6:15PM	31001
01-Oct	26-Nov	Sat	11:00AM	31002
01-Oct	26-Nov	Sat	10:00AM	31003
01-Oct	26-Nov	Sat	10:30AM	31004
01-Oct	26-Nov	Sat	10:30AM	31005
01-Oct	26-Nov	Sat	10:00AM	31006
01-Oct	26-Nov	Sat	9:00AM	31007
01-Oct	26-Nov	Sat	11:30AM	31008
06-Dec	16-Dec	Tu,W,Th,F	5:30PM	31009
06-Dec	16-Dec	Tu,W,Th,F	6:00PM	31010

Salamander (3 – 5 years) – 30 minutes unparented
\$45.90 members / \$51 non-members

CLASS DATE		DAYS	START TIMES	CODE
04-Oct	27-Oct	Tue,Thu	12:30PM	31011
08-Nov	01-Dec	Tue,Thu	11:30AM	31012
03-Oct	05-Dec	Mon	5:00PM	31013
03-Oct	05-Dec	Mon	4:30PM	31014
03-Oct	05-Dec	Mon	5:30PM	31015
03-Oct	05-Dec	Mon	6:00PM	31016
04-Oct	22-Nov	Tue	6:00PM	31017
04-Oct	22-Nov	Tue	4:00PM	31018
04-Oct	22-Nov	Tue	5:30PM	31019
04-Oct	22-Nov	Tue	5:00PM	31020
04-Oct	22-Nov	Tue	4:30PM	31021
04-Oct	22-Nov	Tue	5:30PM	31022
05-Oct	23-Nov	Wed	1:00PM	31023
05-Oct	23-Nov	Wed	2:30PM	31024
05-Oct	23-Nov	Wed	6:00PM	31025
05-Oct	23-Nov	Wed	4:30PM	31026
05-Oct	23-Nov	Wed	5:30PM	31027
05-Oct	23-Nov	Wed	5:30PM	31028
06-Oct	24-Nov	Thu	5:00PM	31029
06-Oct	24-Nov	Thu	6:00PM	31030
06-Oct	24-Nov	Thu	5:30PM	31031
06-Oct	24-Nov	Thu	6:00PM	31032
06-Oct	24-Nov	Thu	4:00PM	31033
06-Oct	24-Nov	Thu	4:30PM	31034
07-Oct	02-Dec	Fri	6:15PM	31035
01-Oct	26-Nov	Sat	11:00AM	31037
01-Oct	26-Nov	Sat	10:00AM	31038
01-Oct	26-Nov	Sat	11:15AM	31039
01-Oct	26-Nov	Sat	10:30AM	31040
01-Oct	26-Nov	Sat	9:30AM	31041
01-Oct	26-Nov	Sat	10:00AM	31042
06-Oct	24-Nov	Thu	5:30PM	31043
01-Oct	26-Nov	Sat	11:00AM	31044
06-Dec	16-Dec	Tu,W,Th,F	6:00PM	31045
06-Dec	16-Dec	Tu,W,Th,F	5:15PM	31046
06-Dec	16-Dec	Tu,W,Th,F	4:15PM	31047

Sunfish (3 – 5 years) – 30 minutes unparented \$45.90 members / \$51 non-members

CLASS DATE		DAYS	START TIMES	CODE
03-Oct	05-Dec	Mon	6:00PM	31053
03-Oct	05-Dec	Mon	5:00PM	31054
04-Oct	22-Nov	Tue	4:00PM	31055
04-Oct	22-Nov	Tue	6:00PM	31056
04-Oct	22-Nov	Tue	5:00PM	31057
05-Oct	23-Nov	Wed	1:30PM	31058
05-Oct	23-Nov	Wed	4:30PM	31059
05-Oct	23-Nov	Wed	5:30PM	31060
06-Oct	24-Nov	Thu	6:00PM	31061
06-Oct	24-Nov	Thu	4:15PM	31062
06-Oct	24-Nov	Thu	4:00PM	31063
07-Oct	02-Dec	Fri	5:15PM	31064
01-Oct	26-Nov	Sat	10:00AM	31065
01-Oct	26-Nov	Sat	9:30AM	31066
01-Oct	26-Nov	Sat	11:00AM	31067
06-Dec	16-Dec	Tu,W,Th,F	4:30PM	31068
06-Dec	16-Dec	Tu,W,Th,F	5:30PM	31069

Crocodile (3 – 5 years) – 30 minutes unparented \$45.90 members / \$51 non-members

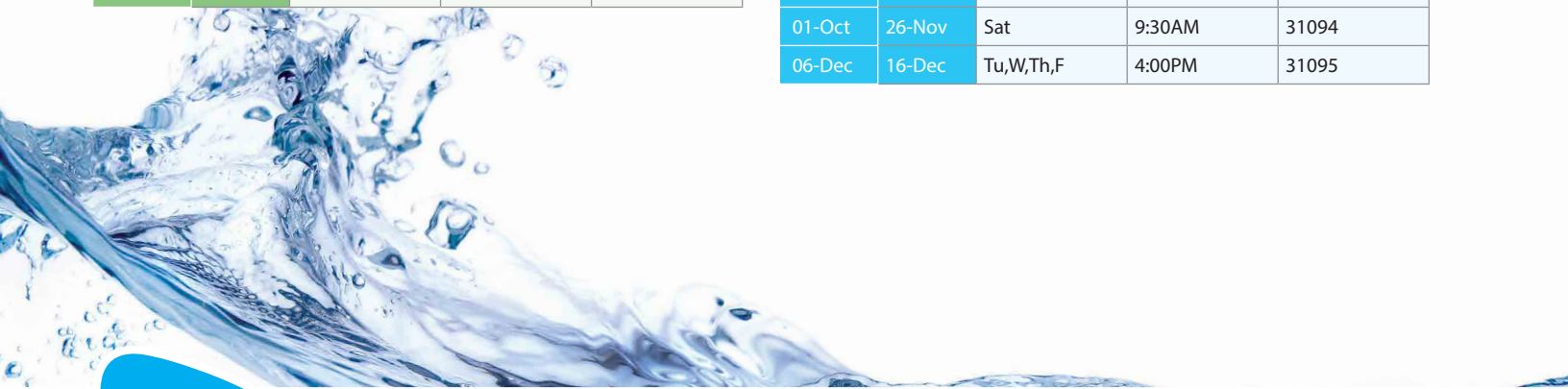
CLASS DATE		DAYS	START TIMES	CODE
06-Oct	24-Nov	Thu	5:00PM	31070
03-Oct	05-Dec	Mon	5:30PM	31071
01-Oct	26-Nov	Sat	9:00AM	31072
04-Oct	22-Nov	Tue	5:30PM	31073
05-Oct	23-Nov	Wed	2:15PM	31074
05-Oct	23-Nov	Wed	5:00PM	31075
01-Oct	26-Nov	Sat	11:30AM	31076
06-Dec	16-Dec	Tu,W,Th,F	5:00PM	31077
07-Oct	02-Dec	Fri	5:15PM	31078

Whale (3 – 5 years) – 30 minutes unparented \$45.90 members / \$51 non-members

CLASS DATE		DAYS	START TIMES	CODE
06-Oct	24-Nov	Thu	5:30PM	31080
03-Oct	05-Dec	Mon	5:30PM	31081
01-Oct	26-Nov	Sat	10:00AM	31082
04-Oct	22-Nov	Tue	5:30PM	31083
05-Oct	23-Nov	Wed	2:15PM	31085
05-Oct	23-Nov	Wed	5:00PM	31086
07-Oct	02-Dec	Fri	5:15PM	31087
01-Oct	26-Nov	Sat	11:30AM	31088
06-Dec	16-Dec	Tu,W,Th,F	5:00PM	31089

Swim Kids 1 (6 – 12 years) – 30 minutes \$45.90 members / \$51 non-members

CLASS DATE		DAYS	START TIMES	CODE
03-Oct	05-Dec	Mon	4:30PM	30918
03-Oct	05-Dec	Mon	5:00PM	30919
06-Oct	24-Nov	Thu	4:00PM	30920
04-Oct	22-Nov	Tue	5:00PM	30921
04-Oct	22-Nov	Tue	4:30PM	30922
04-Oct	22-Nov	Tue	4:00PM	30923
05-Oct	23-Nov	Wed	4:00PM	30924
05-Oct	23-Nov	Wed	2:00PM	30925
06-Oct	24-Nov	Thu	5:00PM	30927
05-Oct	23-Nov	Wed	5:00PM	30928
06-Oct	24-Nov	Thu	4:30PM	30929
06-Oct	24-Nov	Thu	6:00PM	30930
07-Oct	02-Dec	Fri	5:15PM	30931
06-Dec	16-Dec	Tu,W,Th,F	5:00PM	30932
07-Oct	02-Dec	Fri	5:45PM	31091
01-Oct	26-Nov	Sat	10:30AM	31092
01-Oct	26-Nov	Sat	9:00AM	31093
01-Oct	26-Nov	Sat	9:30AM	31094
06-Dec	16-Dec	Tu,W,Th,F	4:00PM	31095



Swim Kids 2 (6 – 12 years) – 30 minutes \$45.90 members / \$51 non-members				
CLASS DATE		DAYS	START TIMES	CODE
05-Oct	23-Nov	Wed	4:00PM	31096
03-Oct	05-Dec	Mon	4:00PM	31097
04-Oct	22-Nov	Tue	4:30PM	31098
06-Oct	24-Nov	Thu	5:00PM	31099
04-Oct	22-Nov	Tue	4:00PM	31100
07-Oct	02-Dec	Fri	5:15PM	31101
04-Oct	22-Nov	Tue	5:00PM	31102
06-Oct	24-Nov	Thu	5:00PM	31103
01-Oct	26-Nov	Sat	11:30AM	31104
06-Dec	16-Dec	Tu,W,Th,F	5:00PM	31105
05-Oct	23-Nov	Wed	2:30PM	31106
06-Oct	24-Nov	Thu	4:00PM	31107
06-Oct	24-Nov	Thu	4:30PM	31109
07-Oct	02-Dec	Fri	5:45PM	31110
05-Oct	23-Nov	Wed	5:00PM	31111
01-Oct	26-Nov	Sat	9:00AM	31112
01-Oct	26-Nov	Sat	10:45AM	31113
06-Dec	16-Dec	Tu,W,Th,F	4:00PM	31114

Swim Kids 3 (6 – 12 years) – 30 minutes \$45.90 members / \$51 non-members				
CLASS DATE		DAYS	START TIMES	CODE
03-Oct	05-Dec	Mon	4:30PM	31125
03-Oct	05-Dec	Mon	5:00PM	31126
04-Oct	22-Nov	Tue	4:30PM	31127
06-Dec	16-Dec	Tu,W,Th,F	4:00PM	31128
04-Oct	22-Nov	Tue	5:00PM	31129
04-Oct	22-Nov	Tue	6:00PM	31130
05-Oct	23-Nov	Wed	2:00PM	31131
05-Oct	23-Nov	Wed	4:00PM	31132
05-Oct	23-Nov	Wed	4:30PM	31133
06-Oct	24-Nov	Thu	6:00PM	31135
06-Oct	24-Nov	Thu	4:30PM	31139
06-Oct	24-Nov	Thu	5:30PM	31140
07-Oct	02-Dec	Fri	6:15PM	31141
01-Oct	26-Nov	Sat	9:30AM	31142
01-Oct	26-Nov	Sat	11:00AM	31143
01-Oct	26-Nov	Sat	10:30AM	31144
06-Dec	16-Dec	Tu,W,Th,F	4:45PM	31145

Swim Kids 4 (6 – 12 years) – 45 minutes \$52.20 members / \$58 non-members				
CLASS DATE		DAYS	START TIMES	CODE
03-Oct	05-Dec	Mon	4:15PM	31146
05-Oct	23-Nov	Wed	1:00PM	31147
06-Oct	24-Nov	Thu	6:00PM	31148
07-Oct	02-Dec	Fri	5:15PM	31149
04-Oct	22-Nov	Tue	5:00PM	31150
06-Dec	16-Dec	Tu,W,Th,F	4:00PM	31151
05-Oct	23-Nov	Wed	4:00PM	31154
01-Oct	26-Nov	Sat	11:15AM	31155
01-Oct	26-Nov	Sat	10:30AM	31156

Swim Kids 5 (6 – 12 years) – 45 minutes \$52.20 members / \$58 non-members				
CLASS DATE		DAYS	START TIMES	CODE
03-Oct	05-Dec	Mon	4:15PM	31157
05-Oct	23-Nov	Wed	1:00PM	31158
06-Oct	24-Nov	Thu	6:00PM	31159
07-Oct	02-Dec	Fri	5:15PM	31160
04-Oct	22-Nov	Tue	4:15PM	31161
06-Dec	16-Dec	Tu,W,Th,F	4:00PM	31162
05-Oct	23-Nov	Wed	4:45PM	31165
01-Oct	26-Nov	Sat	9:00AM	31166
01-Oct	26-Nov	Sat	11:15AM	31167

Swim Kids 6 (6 – 12 years) – 45 minutes \$52.20 members / \$58 non-members				
CLASS DATE		DAYS	START TIMES	CODE
04-Oct	22-Nov	Tue	4:45PM	31168
05-Oct	23-Nov	Wed	1:45PM	31169
06-Oct	24-Nov	Thu	4:45PM	31170
07-Oct	02-Dec	Fri	6:00PM	31171
01-Oct	26-Nov	Sat	9:30AM	31172
06-Dec	16-Dec	Tu,W,Th,F	4:45PM	31173

Swim Kids 7 (6 – 12 years) – 45 minutes \$52.20 members / \$58 non-members				
CLASS DATE		DAYS	START TIMES	CODE
04-Oct	22-Nov	Tue	4:45PM	31174
05-Oct	23-Nov	Wed	1:45PM	31175
06-Oct	24-Nov	Thu	4:45PM	31176
07-Oct	02-Dec	Fri	6:00PM	31177
01-Oct	26-Nov	Sat	11:15AM	31178
06-Dec	16-Dec	Tu,W,Th,F	4:45PM	31179

Swim Kids 8 (6 – 12 years) – 60 minutes \$56.07 members / \$62.30 non-members				
CLASS DATE		DAYS	START TIMES	CODE
04-Oct	22-Nov	Tue	5:30PM	31180
01-Oct	26-Nov	Sat	10:00AM	31181
06-Oct	24-Nov	Thu	4:00PM	31182
06-Dec	16-Dec	Tu,W,Th,F	4:15PM	31183

Swim Kids 9 (6 – 12 years) – 60 minutes \$56.07 members / \$62.30 non-members				
CLASS DATE		DAYS	START TIMES	CODE
04-Oct	22-Nov	Tue	5:30PM	31184
01-Oct	26-Nov	Sat	10:00AM	31185
06-Oct	24-Nov	Thu	4:00PM	31186
06-Dec	16-Dec	Tu,W,Th,F	4:15PM	31187

Swim Kids 10 (6 – 12 years) – 60 minutes \$56.07 members / \$62.30 non-members				
CLASS DATE		DAYS	START TIMES	CODE
04-Oct	22-Nov	Tue	5:30PM	31188
01-Oct	26-Nov	Sat	10:00AM	31189
06-Oct	24-Nov	Thu	4:00PM	31190
06-Dec	16-Dec	Tu,W,Th,F	4:15PM	31191

Private Lessons (6 – 12 years) – 30 minutes unparented \$28.35 members / \$31.50 non-members			
CLASS DATE	DAYS	START TIMES	CODE
01-Oct	Sat	9:30am	31210
03-Oct	Mon	6:00pm	31194
06-Oct	Thurs	5:00pm	31202
13-Oct	Thurs	5:00pm	31203
15-Oct	Sat	9:30am	31211
17-Oct	Mon	6:00pm	31195
20-Oct	Thurs	5:00pm	31204
22-Oct	Sat	9:30am	31212
24-Oct	Mon	6:00pm	31196
27-Oct	Thurs	5:00pm	31205
29-Oct	Sat	9:30am	31213
03-Nov	Thurs	5:00pm	31206
05-Nov	Sat	9:30am	31214
7-Nov	Mon	6:00pm	31197
10-Nov	Thurs	5:00pm	31207
12-Nov	Sat	9:30am	31215
14-Nov	Mon	6:00pm	31198
17-Nov	Thurs	5:00pm	31208
19-Nov	Sat	9:30am	31216
21-Nov	Mon	6:00pm	31199
24-Nov	Thurs	5:00pm	31209
26-Nov	Sat	9:30am	31217
28-Nov	Mon	6:00pm	31200
5-Dec	Mon	6:00pm	31201

Aquatic Leadership Courses | 2016

Registration is being accepted for 2016 aquatic leadership courses.

Having trouble finding a course that fits your schedule? Give us a call to be added to our interest list at 780-980-7165.

*100% attendance is mandatory for all leadership courses.

Red Cross Lifeguard Preparation Course \$60 Transfer from Bronze Cross

» Friday 4 – 9 p.m. Nov. 4 29640

If you've completed your Bronze Cross certification (current or not) you only need to take the five-hour prep course to continue on to the Red Cross Lifeguard Certificate course. Through this prep course you will use your skills and knowledge to prepare yourself for the Red Cross Lifeguard course.

Prerequisites:

- Must be at least 12 years old at start of the course
- Have ability to swim to the Red Cross Swim Kids level 10 or equivalent
- Must have completed a Bronze Cross certification

Red Cross Assistant Lifeguard Certificate (ALG) \$120

» Monday – Friday 4 – 9 p.m. Nov. 21 – 25 29642

Start your training to become a lifeguard through the Red Cross Assistant Lifeguard course. This prerequisite course for the lifeguard certification teaches injury prevention, teamwork, basic rescues, and lifeguard skills. Candidates are continuously evaluated throughout the course based on standard evaluation criteria.

Prerequisites:

- Must be at least 12 years old at start of the course
- Ability to swim at Swim Kids level 10 or equivalent

Red Cross Lifeguard Transfer (Transfer from NL) \$90

» Friday/Saturday 5 – 9 p.m. / 9 a.m. – 5 p.m. Sept. 30/Oct. 1 29647