

# HOW TO SORT

Food scraps • Things to recycle • Waste



# Feed your food scraps... and soiled tissues... to the **kitchen catcher**



Every day at school, you have lunch. You might also have a snack. Sometimes you cannot eat all your lunch or your snack.

Put all your food scraps and soiled tissues into the kitchen catcher. Take the food out of plastic bags or snack wrappers before you put the scraps into the kitchen catcher.

**Do not put your food scraps in the garbage!**



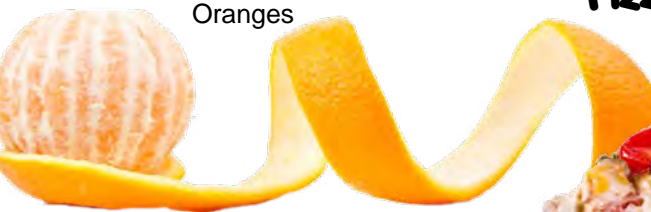
## GOOD

### for the kitchen catcher



#### Fruits and vegetables

- ✓ Bananas
- ✓ Apples
- ✓ Carrot sticks
- ✓ Lettuce
- ✓ Tomatoes
- ✓ Oranges



#### Sandwiches and wraps

- ✓ Sandwiches
- ✓ Pita pockets
- ✓ Crackers

#### Dairy

- ✓ Cheese
- ✓ Yogurt

#### Pizza



#### Meat, fish and eggs

- ✓ Luncheon meat
- ✓ Chicken (chicken bones)
- ✓ Boiled eggs/egg shells
- ✓ Meatballs



#### Desserts and snacks

- ✓ Cookie
- ✓ Muffin
- ✓ Granola bar
- ✓ Pudding





# DO NOT

put into the kitchen catcher



## Plastic bags

Zip-lock bags  
Plastic bags  
Plastic food wrap



## Drink containers

Bottle  
Milk carton (small)  
Fast food cup  
Drink can



## Other plastic

Straw  
Plastic snack  
wrappers  
Food container  
Bag closure tab



## Twist ties



## Did you know?

You can put soiled tissues, paper towels and paper bags into the kitchen catcher.



## Play the TOSS & SORT game!

Find out how good you are at sorting the things you use at school and at home! Play the Toss & Sort game — challenge your friends and have fun!

Visit [Leduc.ca](http://Leduc.ca) to find the game.





## You can **recycle** the following items you use at school:

### Non-glass drink containers\*

Pop cans  
Pop bottles  
Juice bottles  
Milk cartons  
Juice boxes (tetra-paks)  
Water bottles

### Rigid plastic containers

Large plastic tubs (yogurt) - no single use or small portion containers please  
Lids over 2"

### Paper

Loose sheets of paper  
Notebooks - no coils  
Envelopes  
Birthday cards  
Soft cover books

### Tin/aluminum

Fruit tins  
Metal lids  
Soup tins

### Cardboard (flattened)

Boxes  
Cardboard sleeves

*\*Take your drink containers to a bottle depot to receive a small refund.*



## Sorting your waste

Please put the following items you use at school in the waste bin:

Band-aids • Glass • Pens • Plastic bags (all kinds) • Plastic bottle caps • Straws • Aluminum foil products • Plastic cutlery • Ribbon • Rubber bands • Styrofoam • Wipes



### What should you do with old batteries?

Do not throw used batteries in the waste bin.  
Take them home and have your parents take old batteries to the Eco Station where they will be recycled safely.