

Greg Conroy

Born and raised in Alberta, Greg Conroy spent 33 years as a physical education teacher at the École Leduc Junior High School and has been a key contributor to the development of youth athletics and rugby in the community.

Greg inspired countless students over the years to pursue athletic excellence. Under his instruction, the school's track and field program flourished. His cross-country team claimed district and CAPHER cross-country titles for decades at a time and won several zone championships. During the Edmonton Journal relay season, Greg's senior team made the



finals almost every year out of hundreds of school teams in Edmonton and area. The junior high school's annual cross-country run is named the Conroy Classic in Greg's honour.

Rugby is Greg's true passion. He first played with the Edmonton Clansmen and then for the University of Alberta Golden Bears. After he started teaching in Leduc, he was among the first players for the LA Crude. During his time coaching the Crude's junior program, they hosted six international touring teams. He was recruited to coach the Alberta U19 boys' rugby team in 1983-84, taking them to a second-place finish at the national championships.

For over 30 years Greg coached the Leduc Composite High School's rugby team, leading them to multiple city championships. Seeing a need to introduce students to rugby at an earlier age, he helped establish a flag rugby program at the junior high school while continuing to coach at the high school. Greg was known for going straight from the classroom to coaching rugby to coaching track and field, all while helping to organize track meets and rugby tournaments.

Since retiring in 2015, Greg continues to volunteer his time to coach rugby both near and far, from Castlegar, B.C., to his granddaughter's team in Sherwood Park.

