

Arts, Culture and Heritage Award

Clint Lewing

Recipient of the 2019 Arts, Culture and Heritage Award, Clint Lewing is a multi-talented natural bodybuilder, fitness model, stuntman and actor whose work has put the City of Leduc in the national and international spotlight.

Raised on a farm near Leduc after his parents emigrated from Holland, Clint attended Leduc Composite High School. In 2015 he was running his own safety company when he decided to enter a natural bodybuilding competition on four weeks' notice. He placed second, and in the two years to follow he remained undefeated, earning three Men's Physique Pro Cards/Overall national titles. He became the first Canadian to earn their Men's Physique Pro Card for the World Natural Bodybuilding Federation, and represented Canada while earning a top 10 finish at the WNBFF World Championships.

Clint's success in natural bodybuilding piqued the interest of both local and international agents, and Clint has built an impressive career in a relatively short time. His work has included ice climbing along the face of Fortress Mountain in Kananaskis to rappelling out of a helicopter in Mexico's Baja California Desert for Pennzoil's "Joyride" short film series. He plays the lead in several music videos, including the hit single "Dive Bar" by Alberta country music artist Gord Bamford.

Clint has always focused on promoting positive change in the world, from speaking about prioritizing mental health to promoting alternative ways of living to lessen our environmental impact. Clint hopes to inspire the younger generation to emulate his positive actions, in the same way that he inspired people while standing on stage at the top of the natural bodybuilding world.