

Seniors' Week Schedule

June 6 - 10, 2016

Proudly Supported By:



FREE snacks during activities featuring the Leduc Co-op logo.

Monday June 6	Tuesday June 7	Wednesday June 8	Thursday June 9	Friday June 10
Pickleball 8 a.m. - 2:30 p.m. LRC: Field House Regular Admission	Floor Curling 8 a.m. - 2:30 p.m. LRC: Field House Regular Admission	Pickleball 8 a.m. - 2:30 p.m. LRC: Field House Regular Admission	Days Gone By 9 a.m. - 3 p.m. Telford House \$ 12.00	Pickleball 8 a.m. - 2:30 p.m. LRC: Field House Regular Admission
Lawn Sport Games 9 - 11 a.m. LRC: Field House FREE	Shallow Water Aqua Fit (Hawaiian Luau Theme) 11 - 11:45 a.m. LRC: Pool Regular Admission	Active & Ageless Fitness Class 10 - 10:45 a.m. LRC: Fitness Centre Regular Admission	Shallow Water Aqua Fit (Dance Theme) 11 - 11:45 a.m. LRC: Pool Regular Admission	Healing Yoga 9:15 - 10 a.m. LRC: Fitness Centre Regular Admission
Grandparents Preschool Playtime 9 - 11 a.m. LRC: Field House FREE	Cards & Coffee 1:30 - 3:30 p.m. LRC: Curling Lobby FREE	Stepping Out Outdoor Walk 11 - 11:45 a.m. LRC: Outside FREE	Art in the Park, Thai Chi, & Cribbage Tournament 1:30 - 3:30 p.m. Alexandra Park FREE	Adult Skate 10:45 - 11:45 a.m. LRC: Arena Regular Admission
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Seniors' Week BBQ 11:30 a.m. - 1:30 p.m. LRC: Curling Lobby FREE	<div style="border: 1px solid orange; padding: 5px;"> <p>Show off your talent! Singing, guitar playing, dancing & more! Snacks & coffee provided.</p> </div>	Strawberry Tea 1:30 - 3:30 p.m. Telford House \$ 5.00		
<div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>Limited Quantities Available.</p> </div>	Music Jams 7 - 10 p.m. Telford House \$ 3.00	Zumba Fitness Class 7 - 7:45 p.m. LRC - MNP Room FREE		