Seniors' Week Schedule

Tuesday

June 6 - 10, 2016





FREE snacks during activities featuring the Leduc Co-op logo.

Monday

June 6 June 7 Wednesday

Thursday

Friday

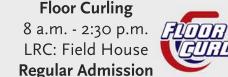
June 8

June 9

June 10

Pickleball

8 a.m. - 2:30 p.m. LRC: Field House Regular Admission



Pickleball 8 a.m. - 2:30 p.m. LRC: Field House **Regular Admission**



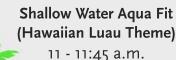
BAKE

Pickleball 8 a.m. - 2:30 p.m. LRC: Field House **Regular Admission**









LRC: Pool **Regular Admission**



Active & Ageless Fitness Class

10 - 10:45 a.m. LRC: Fitness Centre **Regular Admission**



CO-OP

Days Gone By

9 a.m. - 3 p.m.

Telford House

\$ 12.00

Shallow Water Aqua Fit (Dance Theme) 11 - 11:45 a.m.

SALE

LRC: Pool **Regular Admission**



Grandparents Preschool Playtime

9 - 11 a.m. LRC: Field House **FREE**



FREE



CO-OP

Stepping Out Outdoor Walk 11 - 11:45 a.m.

LRC: Outside **FREE**



Art in the Park, Thai Chi, & Cribbage Tournament

> 1:30 - 3:30 p.m. Alexandra Park **FREE**



Adult Skate

10:45 - 11:45 a.m. LRC: Arena

Regular Admission

Adult Skate



CO-OP

10:45 - 11:45 a.m. LRC: Arena Regular Admission



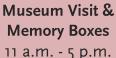
CO-OP

Music Jams

1:30 - 3:30 p.m. Telford House \$ 3.00

Show off your talent!

Singing, guitar playing,



Dr. Woods Museum FREE



Strawberry Tea



1:30 - 3:30 p.m. Telford House \$ 5.00



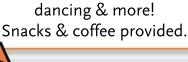




Seniors' Week BBQ



Limited Quantities Available.



Music Jams 7 - 10 p.m. Telford House \$ 3.00



Zumba Fitness Class

7 - 7:45 p.m. LRC - MNP Room FREE CO-OP

Leduc Recreation Centre: 4330 Black Gold Drive Telford House: 4907 - 46 Street Alexandra Park: #1 Alexandra Park Dr. Woods Museum: 4801 - 49 Ave

loin us for Seniors' Week in Leduc

Growing Young. Celebrating Life.

Join us as we celebrate the importance of

seniors in our community with a variety of

activities & events being offered at:

For activity description please visit: Leduc.ca/SeniorsWeek

