

EMERGENCY PREPAREDNESS

If an emergency happens in the Community, it may take emergency workers time to reach you. You should be prepared to take care of yourself and your family for at least 72 hours. It is relatively quick and easy to become better prepared. The Canadian Government has several websites to help you do just this:

[Your Emergency Preparedness Guide](https://www.getprepared.gc.ca/cnt/rsrctns/pblctns/yprprdnssgd/index-en.aspx)

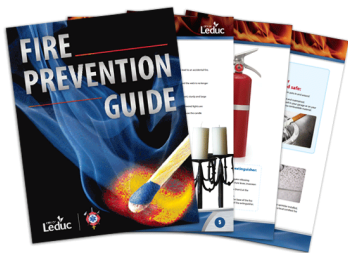
(<https://www.getprepared.gc.ca/cnt/rsrctns/pblctns/yprprdnssgd/index-en.aspx>), and,

[Get Prepared](https://www.getprepared.gc.ca/index-en.aspx)

(<https://www.getprepared.gc.ca/index-en.aspx>)

There are 3 steps outlined in detail:

1. Know and Understand the Risks for your neighborhood and community
2. Make Plans—these can include a Household Plan; a Neighborhood Plan; Planning for Pets; Making copies of your important Personal Documents; planning for your special health needs; and planning for Emergency Procedures to name a few.
3. Get or put together an Emergency Kit for your home and vehicle



The City of Leduc has an Emergency Management team who are working hard to ensure the safety of all residents of Leduc.

'EMERGENCY PREPAREDNESS WEEK' will be observed May 6th to the 12th and an open house will be held at the Leduc Fire House (#2 - 4119 50th St Leduc) from 1:00 pm to 3:00 pm where you can learn more about emergency preparedness, ask questions and get valuable information. For more information and lots of links to obtain valuable information go to:

[Emergency Management City of Leduc](https://www.leduc.ca/fire-services/emergency-management)

(<https://www.leduc.ca/fire-services/emergency-management>)

COMMUNITY VOLUNTEER INCOME TAX CLINICS

Again this year, the City of Leduc is hosting the **Community Income Tax Program** where volunteers complete tax returns for eligible individuals, **FREE OF CHARGE**. The **deadline** for filing our 2018 returns is: **30April2019**.

Are You Eligible to receive Help with your Taxes?

You must meet the following 2 criteria: a) fall within the income below and b) have a simple tax situation.

<u>INCOME:</u>	Total Family	
	Family Size	Income
	1 person	\$35,000
	2 persons	\$45,000
	3 persons	\$47,500
	4 persons	\$50,000
	5 persons	\$52,500
	+5 persons	\$52,500 Plus \$2,500 for each additional person

Your tax situation is **NOT** simple if you:

- Are self-employed or have employment expenses
- Have business or rental income and expenses
- Have capital gains or losses
- Filed for bankruptcy
- Are completing a tax return for a deceased person.



Please DO NOT call FCSS regarding your personal tax return. We cannot help with personal tax issues.

After your tax return has been prepared and submitted by one of the competent volunteers, should you have further questions regarding your tax return please call the CRA at: **1-800-959-8281**.

The CRA Website for general tax related information is: [CRA-Personal Income Tax](https://www.canada.ca/en/services/taxes/income-tax/personal-income-tax.html)

(<https://www.canada.ca/en/services/taxes/income-tax/personal-income-tax.html>)

EVENTS at Telford House and in Leduc
March/April 2019



DAYLIGHT
SAVING TIME
BEGINS
March 11



Down East Dinner & Dance
Telford House

Saturday, March 16th
Cocktails: 5:00 pm

JIGGS Dinner: 6:00 pm

Dance: 7:30 pm

Tickets: \$25.00 per person

Tickets Available at Telford House until 08March2019

Community Volunteer Income Tax Clinics

15-Mar-19

Planeview Manor 9:00 am
Westgrove Apts. 1:00 pm

25-Mar-19

GoldAge Apt. 9:00 am
Telford House 1:00 pm

LDSC Annual General Meeting

March 7, 2019

12:30 pm

PLEASE PLAN

To
ATTEND!

National Volunteer Week



April 7th—13th 2019

This beautiful image of the hot air balloons of different sizes, shapes and colours reflects the diversity of community volunteers. It illustrates that when people volunteer together, the sky is the limit in terms of what they can achieve.

THANK YOU TO ALL OUR WONDERFUL
VOLUNTEERS IN LEDUC!
You make it Happen!



TELFORD HOUSE
SPRING GARAGE SALE

Friday, April 26th
4:00 pm to 9:00 pm
Saturday, April 27th
9:00 am to 5:00 pm
Telford House

Donations accepted week of: April 22nd—
9:30 to 2:30 each day.



Senior's Movie Afternoon

Everyone loves a good Movie!

When: Feb. 21; March 21; April 18; May 16th; & June 20th

Time: Doors open: 1:00 pm
Show starts: 1:30pm

Where: Leduc Cinemas-4702-50 Street

Cost: \$3.00/person

Contact Nadine at 780-919-1404 for more information..



Senor's Active Afternoons at the LRC
Are you 60+ and looking to get more active?

If so, you can get FREE access to the LRC.
Monday—Friday from Noon to 4:00 pm
Stop by Guest Services to pick up your wristband for the afternoon.

Wristband will get you access to:

- Paid admission areas—fitness centre and track. aquatic centre and indoor playground
- Drop-in fitness and recreation programs
- Public skating, swimming and other recreational opportunities

For more info. Call Guest Services: 780-980-7120

Submissions to the Panorama

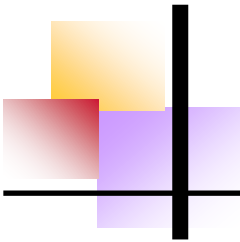
If you would like to submit an article or have a suggestion please submit a copy to Lucrecia at FCSS by the following deadline: April 05, 2019 by 4:30 pm. Mailing Date for May/June 2019 edition: April 26,2019. [We welcome your Views and Input!](#) Call Lucrecia at: 780-980-7115

The views expressed in the pages of "Panorama" do not necessarily reflect the views of the editor or City Hall. The contents of this publication cannot be reprinted without prior expressed permission.



MARCH 2019 EVENTS

Mon	Tue	Wed	Thu	Fri
				1 10:00 Exercises (TH) 1:00 Euchre (TH) 1:00 Guitar (TH) 7:00 Darts (TH)
4 10:00 Exercises (TH) 1:00 Curling (TH) 5:00 Qigong (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH)	5 9:00 Dup Bridge (TH) 10:00 <i>Sight Seekers (TH)</i> 12:30 Chair Yoga (TH) 1:00 Crib (TH) 7:00 <i>Stroke Recovery (TH)</i> 7:00 <i>Music Fest</i>	6 9:00 Painting (TH) 10:00 Qigong (TH) 1:00 Curling (TH) 1:00 Painting (TH) 7:00 Dup Bridge (TH)	7 9:00 Board Mtg. 9:30 Knitting (TH) 11:30 Lunch (TH) 12:30 LDSC Annual General Mtg. 1:00 Sturling (TH) 1:00 Bridge (TH) 7:00 Crib (TH)	8 10:00 Exercises (TH) 1:00 Euchre (TH) 1:00 Guitar (TH) 7:00 Darts (TH)
11 10:00 Exercises (TH) 10:00 <i>Alzheimer's Meeting (PL)</i> 1:00 Curling (TH) 5:00 Qigong (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH)	12 9:00 Dup Bridge (TH) 12:30 Chair Yoga (TH) 1:00 Crib (TH)	13 9:00 Painting (TH) 10:00 Qigong (TH) 1:00 Curling (TH) 1:00 Painting (TH) 7:00 Dup Bridge (TH)	14 9:30 Knitting (TH) 11:30 Lunch (TH) 1:00 Sturling (TH) 1:00 Bridge (TH) 7:00 Crib (TH)	15 10:00 Exercises (TH) 1:00 Euchre (TH) 1:00 Guitar (TH) 7:00 Darts (TH)
18 10:00 Exercises (TH) 1:00 Curling (TH) 5:00 Qigong (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH)	19 9:00 Dup Bridge (TH) 12:30 Chair Yoga (TH) 1:00 Crib (TH) 7:00 Music Jam (TH)	20 9:00 Painting (TH) 10:00 Qigong (TH) 1:00 Curling (TH) 1:00 Painting (TH) 7:00 Dup Bridge (TH) 7:00 Karaoke (TH)	21 9:30 Knitting (TH) 11:30 Lunch (TH) 1:00 Sturling (TH) 1:00 Bridge (TH) 7:00 Crib (TH)	22 10:00 Exercises (TH) 1:00 Euchre (TH) 1:00 Guitar (TH) 7:00 Darts (TH)
25 10:00 Exercises (TH) 1:00 Curling (TH) 5:00 Qigong (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH) 1:00PM INCOME TAX CLINIC	26 9:00 Dup Bridge (TH) 12:30 Chair Yoga (TH) 1:00 Crib (TH) 6:30 <i>Parkinson's Mtg. (TH)</i>	27 9:00 Painting (TH) 10:00 Qigong (TH) 1:00 Painting (TH) 7:00 Dup Bridge (TH) 7:00 Horticultural Club (TH)	28 9:30 Knitting (TH) 11:30 Lunch (TH) 1:00 Sturling (TH) 1:00 Bridge (TH) 7:00 Crib (TH)	29 10:00 Exercises (TH) 1:00 Euchre (TH) 1:00 Guitar (TH) 7:00 Darts (TH)



APRIL 2019 EVENTS

Mon	Tue	Wed	Thu	Fri
1 10:00 Exercises (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH)	2 9:00 Dup Bridge (TH) 10:00 <i>Sight Seekers</i> (TH) 1:00 Crib (TH) 7:00 <i>Stroke Recovery</i> (TH) 7:00 <i>Music Fest</i> (TH)	3 9:00 Painting (TH) 10:00 Qigong (TH) 1:00 Curling (TH) 1:00 Painting (TH) 7:00 Dup Bridge (TH)	4 9:00 Knitting Group (TH) 11:30 Lunch (TH) 12:30 Board Meeting 1:00 Sturling (TH) 7:00 Crib (TH)	5 10:00 Exercises (TH) 1:00 Euchre (TH) 1:00 Guitar (TH) 7:00 Darts (TH)
8 10:00 Exercises (TH) 10:00 <i>Alzheimer's Meeting</i> (PL) 1:00 Curling (TH) 5:00 Qigong (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH)	9 9:00 Dup Bridge (TH) 12:30 Chair Yoga (TH) 1:00 Crib (TH)	10 9:00 Painting (TH) 10:00 Qigong (TH) 1:00 Curling (TH) 1:00 Painting (TH) 7:00 Duplicate Bridge (TH)	11 9:00 Knitting (TH) 11:30 Lunch (TH) 1:00 Sturling (TH) 1:00 Bridge (TH) 5:00-7:00 Exercises (TH) 7:00 Crib (TH)	12 10:00 Exercises (TH) 1:00 Euchre (TH) 1:00 Guitar (TH) 7:00 Darts (TH)
15 10:00 Exercises (TH) 5:00 Qigong (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH)	16 9:00 Dup Bridge (TH) 12:30 Chair Yoga (TH) 1:00 Crib (TH) 7:00 Music Jam (TH)	17 9:00 Painting (TH) 10:00 Qigong (TH) 1:00 Curling (TH) 1:00 Painting (TH) 7:00 Dup Bridge (TH) 7:00 Karaoke (TH)	18 9:00 Knitting Group (TH) EASTER DINNER 1:00 Sturling (TH) 1:00 Bridge (TH) 5:00-7:00 Exercises (TH) 7:00 Crib (TH)	19 GOOD FRIDAY 1:00 Euchre (TH) 1:00 Guitar (TH) 7:00 Darts (TH)
22 EASTER MONDAY 5:00 Qigong (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH)	23 9:00 Dup Bridge (TH) 1:00 Crib (TH) 6:30 <i>Parkinson's Mtg.</i> (TH)	24 1:00 Curling (TH) 7:00 Dup Bridge (TH)	25 NO LUNCH 1:00 Bridge (TH) 1:00 Sturling (TH) 7:00 Crib (TH)	26 GARAGE SALE 4pm-9pm
29 10:00 Exercises (TH) 5:00 Qigong (TH) 7:00 Guitar (TH) 7:00 Square Dancing (TH)	30 9:00 Dup Bridge (TH) 12:30 Chair Yoga (TH) 1:00 Crib (TH)			