



Proclamation

Mental Health Week

WHEREAS, Mental Health Week is an annual public education campaign designed to encourage Canadians to learn, talk, reflect and engage with others on the importance of mental health and reality of mental illness; and,

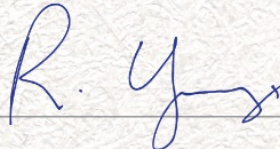
WHEREAS, nearly one in five Canadians is affected by mental illness, yet a persistent stigma prevents millions from getting the help they need; and,

WHEREAS, the objective of Mental Health Week is understanding our emotions and recognizing, labeling as well as accepting our feelings as part of protecting good mental health for everyone; and,

WHEREAS, City of Leduc is committed to the mental health of our community and wants to break down barriers of mental illness by offering support and programs to our families, friends and neighbours; and,

THEREFORE, I do hereby recognize May 3 - 9, 2021, as Mental Health Week in Leduc, Alberta.




Bob Young | Mayor

