EVERY PERSON DESERVES - AND HAG THE RIGHT -TO BE VALIDATED AND AFFIRMED FOR WHO THEY ARE!



PRONOUNG ARE THOSE LITTLE WORDS WE USE TO REFER TO A PERSON WHEN WE ARE TALKING ABOUT THEM.



OH RIGHT! BUT SHE AND HE ARE NOT THE ONLY SETS OF PRONOUNG. SOME PEOPLE USE GENDER-NEUTRAL OR NON-BINARY PRONOUNG SETS. WHICH ARE ALSO 100% VALID



IT'S IMPORTANT TO RESPECT A PERSON'S PRONOUNS AND TO USE THEM CORRECTLY, EVEN WHEN YOU'RE NOT IN THEIR PRESENCE.



IF YOU MAKE A MISTAKE CORRECT YOURGELF AND MOVE ON, KNOWING YOU WILL DO BETTER NEXT TIME.



Artwork by Sophie Labelle



## **Pronoun Usage Guide**

To be inclusive and respectful of gender diversity, use the gender-neutral pronoun set, they, them, theirs, when referring to any person whose pronouns you do not know until you have a chance to find out what they are.

Today we have a guest speaker coming in. They are an expert in marine biology. Please give them a warm welcome!

\* Notice how gender binary pronouns are not important in this context. The meaning is not lost. By using gender neutral pronouns, you hold back on making assumptions about a person's gender based on your own perception of them.

If you have trouble remembering someone's pronouns, it is always best simply to ask for the reminder! It is also important to ask if you may use these pronouns in front of other people.

Hi Fae! How was your vacation? Can you remind me what your pronouns are again?

While it is normal to take practice when adopting a new habit, it is also important to demonstrate genuine effort. If you accidentally use the wrong pronoun when referring to someone, even if they are not present, simply correct yourself and commit to getting it right next time.

Did you hear that Fae wrote her own, sorry, I mean, their own play over the summer? Sh..They even wrote a score to go with it!

\* Everyone makes mistakes, it is okay. After you have apologized, do not dwell on your mistake. Remember it is not the responsibility of the person you have misgendered to address your feelings about having slipped up.

## **Pronoun Sets**

Here are pronouns that you might see or hear. Please note that this is not an exhaustive list.



She Her Hers

They Them Theirs

Ey Em Eirs

Hir Hirs

Xe Xem Xirs

