

RETURN TO PLAY

FREQUENTLY ASKED QUESTIONS



The following definitions, guidelines, recommendations and regulations are set out by AHS and will be updated as information becomes available. For more information on Alberta's Relaunch Strategy, please visit <https://www.alberta.ca/alberta-relaunch-strategy.aspx>

Updated: July 31, 2020

What is a cohort?

- A [COVID-19 cohort](#), also referred to as a bubble, circle, or safe squad, is a small group whose members – always the same people – do not always keep 2 metres apart.
- At this time, cohorts can include up to 15 additional people from outside your household
- Sports teams can play in region-only cohorts of up to 50 players, or 3-4 teams, and coaching staff, these are called mini-leagues

What is a mini-league?

- In Stage 2, 50-person mini-leagues can be formed for sports or physical activity that involve participant interaction at a distance of less than 2 metres.
- Players should maintain physical distancing of 2 metres or wear a non-medical mask when physical distancing is difficult to maintain
- The 50-person maximum includes coaches, staff, instructors, participants from multiple teams, officials and volunteers. Teams in different mini-leagues should not play each other.
- If a league introduces a new team or re-seeding of the mini-league, a 14 day 'break' period of non-play should occur between all players/teams before the change

Do I still have to physical distance in my mini-league?

- AHS recommends that whenever possible, 2 metre physical distancing should be adhered to, even in a mini-league.

What is my 'region' that I am able to play in mini-leagues with?

- Mini-leagues should remain together during Stage 2 of Relaunch and only play within the same geographical region (e.g., within a neighbourhood, town or municipality, AHS Zone).
- According to AHS, Leduc is part of the Edmonton Zone.
- For more information on your region, please refer to your provincial sporting organizations' return to play documents.

Can I play in more than one mini-league? Ex., hockey and baseball?

- Athletes should not belong to multiple sports mini-leagues; they should select one sports cohort for the duration of Stage 2.

Are tournaments between mini-leagues/teams allowed?

- Tournaments should not occur during Stage 2; only mini-leagues are permitted



What extra cleaning/health and safety procedures should I employ to protect the health and safety of our community?

- Ensure you wipe down common-touch surfaces, refrain from sharing equipment when possible, and do not share personal items such as water bottles, helmets or gloves.
- Practice physical distancing of 2 metres or more, wash your hands frequently, cover your cough/sneeze, wear a mask if you are not engaging in intense physical activity, and move activities outdoors if possible.
- For high intensity classes, a minimum distance of 3 metres should be maintained in all directions of each participant, unless from the same cohort or household.
- Complete the pre-screening questions with your participants every time you meet or practice an activity.
- Follow traffic flow directions established for facilities.

Do I need to wear a mask?

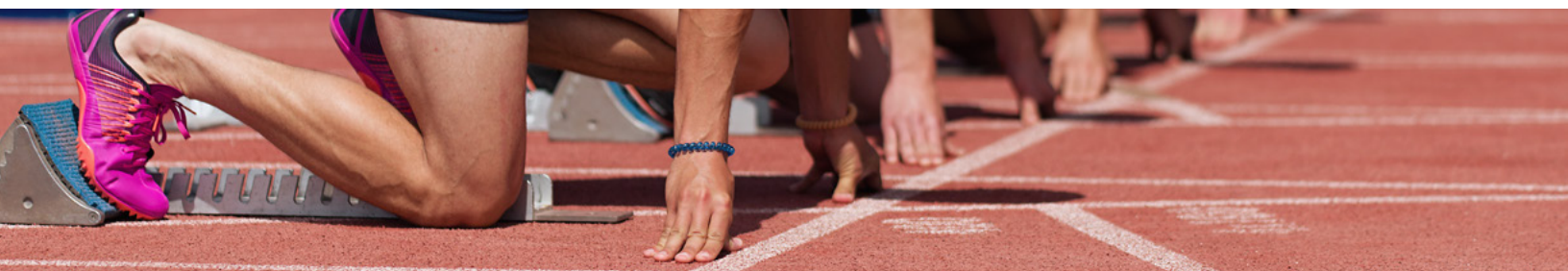
- Participants can wear masks when they are not engaging in intense physical activity.
- Guidance on how to wear a mask properly can be found [here](#).
- In all other activities, 2 metre distancing is required, and if this cannot be done, masks are required

What happens if a coach, parent or participant tests positive for COVID-19?

- If you or your child are feeling unwell, or have symptoms of COVID-19, do not attend any events or interactions with other members of your cohort and self-isolate immediately for at least 14 days.
- If you test positive for COVID-19, continue to self-isolate and follow [AHS health and safety procedures for an infected individual](#)
- Notify other members of your cohort; those who have had close contact with a confirmed case of COVID-19 should get tested and self-isolate if applicable

How are sporting groups being responsible for meeting AHS guidelines?

- For sport organizations using city-owned facilities, they are required to complete a Return To Play document that asks specific questions on how they will meet AHS Guidelines. If applicable, any organization with a provincial governing body is asked to provide a copy of their organization's policies in regards to returning to the activity, as well as a copy of insurance.
- Organizations are required to manage health check pre-screening, allow only regional participants and manage participants to ensure they are not in more than one activity, team or cohort group while in Stage 2.



How do I make a booking?

- Booking requests for arena, field house, indoor courts and outdoor facilities (including ball diamonds, parks, athletic fields and picnic sites) can be made by emailing events_bookings@leduc.ca or calling 780-980-7118.

How many people can attend my event?

- 50 people maximum: indoor social gatherings, including wedding and funeral receptions
- 200 people maximum for audience-type community outdoor events, such as festivals, firework displays, rodeos and sporting events, and outdoor performances
- 100 people maximum for other outdoor events and indoor seated/audience events, including wedding ceremonies, funeral services, movie theatres, indoor arts and culture performances and other indoor spectator events where people remain seated
- Physical distancing of at least 2 metres remains in effect for permitted gatherings

Are change rooms open at the LRC?

- Two change rooms per arena are currently open at the LRC. Each change room has a maximum capacity of 6, and are only for washroom use and for players to put their skates on. All players must still come dressed.
- Due to AHS guidelines, accommodating 2 metre physical distancing in a dressing room is difficult to maintain; therefore, all other change room facilities will remain closed in order to provide optimal opportunity to play and to manage staff resources effectively.
- Washroom facilities will remain open.

Are spectators allowed?

- Spectators (excluding parents and guardians where necessary for player support) should be kept out of participant spaces (e.g., fields of play, courts, ice surfaces).
- Physical distancing of minimum 2 metres should be maintained by spectators at all times, unless from the same household or cohort.
- A maximum of 200 spectators are permitted for outdoor seated/audience events/settings.
- A maximum of 100 spectators are permitted for indoor events/settings.
- Cheering and yelling is strongly discouraged as it presents a high risk of spreading droplets.
- It is strongly recommended that spectators wear masks



How do we operate multiple amenities in one location?

- The City of Leduc treats each amenity as its own and applies AHS guidelines as such. If a sport field, such as Lede Park, has multiple diamonds in one location, each diamond can be booked separately. The user for each diamond must manage access, the mini-leagues, required facilities, spectators, pre-screening and disinfecting for their group and the diamond as would be expected in a single amenity such as an arena.

If I have a concern or question on AHS Guidelines I would like to report, who do I contact?

- For any concerns or questions from a member of the community relating to AHS non-compliance, it is recommended to contact [AHS directly](#)
- If immediate follow up is required for community safety, contact [Enforcement Services](#)

Additional Resources

- The Alberta Health Services [COVID-19 Self-Assessment tool](#) can be used by attendees.
- An organization should keep record of participants for a minimum of 14 days and ensure that this information is kept in a secure location
- Organizations can contact their provincial or national sporting organizations for further clarification or direction specific to their sport.
- [Relaunch Guidance Documents](#) are available online
- [COVID-19 Information Posters](#) are available online
- For details about accessing the re-opened LRC facilities, what to expect when using these spaces and other relevant information, please consult the [LRC Facility FAQ](#)

