

Youth Council Committee Meeting

May 14, 2020

6:00 p.m

GoToMeeting (Virtual) Meeting

- MINUTES -

Present: Councillor L. Hansen, Councillor L. Tillack, E. Lewis, E. Tews, E. Whitefield, H. Pfeil, I. Klassen, K. McCarthy, M. Oliver, M. Smith, S. Klooster, S. Suk.

Guest: A. Ulrickson

1.0 CALL TO ORDER

Chair called the meeting to order at 6:02 p.m.

2.0 REVIEW

2.1 Agenda – Agenda approved by Matthew

2.2 Previous Minutes – Minutes approved by Matthew

2.3 Completed Action Items

- Vision statement vote via a straw poll completed. ‘Safe and Environmentally Sustainable Future Forward’ had the most votes.
- Vice Chair completed the first draft design of the Youth Council logo. Councillor Tillack suggested creating additional logo designs as the current draft logo is similar to LRC and the city of Leduc’s logo which may cause issues with copyrights.
- Completed mid-point check in via email with all Youth Council members and updated progress with the group’s projects.
- Community Facilitator inquired communications department on permission to create and utilize the Youth Council’s own social media platform(s) to increase youth engagement.

3.0 OLD BUSINESS

3.1 Youth Council Strategic Planning Update

- Implementing a mental health education program in schools has been modified since schools are closed until fall 2020. ‘Community Helpers’ program developed

by Alberta Health services is also cancelled. Continuing to address the Youth Council's goal of increasing mental health awareness in the Community, the Community Facilitator suggested using virtual platforms to address these issues. The Youth Council members will research, survey youth and share key findings on the subject of youth mental health as infographs.

4.0 NEW BUSINESS

4.1 Guest Speaker: FCSS Mental Health Presentation

- FCSS Manager, Amanda U. shared what FCSS department is currently doing to address the mental health issue in the community, including:
 - Most services are based on preventative social services and serving residents prior to the crisis; shared FCSS funding structure.
 - Department is educating the public on increasing mental health awareness, providing resources to clients, and always focus on improving mental wellness in the community.
 - Working in close partnership with Alberta Health Services and Primary Care Network.
 - FCSS Youth Outreach Worker provides support to students in the school system.
 - Applied for additional funding for subsidized counselling program catered towards families who cannot afford them; identifying additional barriers.
 - Applied for AHS Mental Health Addictions grant for communication supports to address the mental health issue throughout the recovery process from this pandemic.
 - Seeking virtual opportunities to be creative with service areas/formats.
 - Focusing on the COVID-19 recovery plan. Priorities shifted more towards providing mental health supports to youth, families and elders; advocating for vulnerable populations.

4.2 Research Findings on Youth Initiatives Supports Related to COVID-19

- Kyra shared a document on research findings - how other youth councils/initiatives are addressing youth mental health and providing support during the COVID-19 pandemic.
- The key findings showed that there were not many youth councils/initiatives providing youth supports related to COVID-19.

4.3 Mental Health Survey for Youth

- Youth Mental Health survey was approved by the Black Gold School Division and distributed in four schools: Leduc Composite High School, Ecole Leduc Junior High School, West Haven Public School, and Caledonia Park School.
- The collected data will be summarized and shared as infographs with the public through the city's social media platform(s) by the end of June 2020.

4.4 Tentative Community Clean-up Date

- Erika shared a tentative Telford Lake clean-up date as September 12th, 2020.
- The Youth Council could promote the event prior to September 12th, 2020 and share the purpose of the event.
- The Youth Council can get together with community volunteers to initiate community clean-up.
- Councillor Hansen suggested promoting sustainable/environmental friendly SWAG items, and budgeting for a potential barbeque along with the community clean-up event.
- Barbeque could be planned depending on changes in the COVID-19 restrictions/limitations with food handling processes.

5.0 STANDING ITEM

5.1 Upcoming Youth Council Items

ACTION: Youth Mental Health Infographs

ACTION: Youth Council Recruitment

ACTION: Influencers – Mayor's Leadership Event

ACTION: Summer Schedule

ACTION: Planning for Community Clean-up in Fall

6.0 ADJOURNMENT

The meeting adjourned at 7:14 p.m.

Next meeting: September 10, 2020 – 6:00 p.m. TBD