

You matter. Help is always one call away.

Addictions Help Line (24/7)

1-866-332-2322 Toll Free Within AB

Walk-In Addiction Assessments at Centre Hope (Alberta Health Services) Tuesday/Friday at 12:30 p.m. *Triage based on need of service.* 780-986-2660

Family and Community Support Services

780-980-7109

AHS Rural Opioid Dependency Program (Monday to Friday 8:00 a.m - 4:30 p.m.)

1-844-383-7688 Toll Free

Detox and Treatment Information

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Your safety is important.

Fentanyl is toxic and may be present in other drugs without you knowing. Reduce your risk while using by keeping these tips in mind:

- > Don't use fentanyl, or any other drug, while alone.
- > Start using in small amounts.
- **>** Do "test shots", or "test doses", to make sure you don't have a bad reaction.
- > Don't mix drugs.
- > Avoid speedballing.
- ➤ Always carry a Naloxone Kit. Kits are available for free at your local pharmacy.
- Call 911 if you or someone suspects a person is experiencing an overdose. The Good Samaritan Drug Overdose Act provides you with legal protection from drug possession charges and applies to anyone seeking emergency support during an overdose, including those present at the scene. The Act does not provide legal protection from more serious offenses such as outstanding warrants or drug production and trafficking.

