



Proclamation

National Depression Screening Day

WHEREAS; Depression is the most treatable mental health issue, early treatment promotes faster recovery and prevents long-term effects on individuals and their families;

WHEREAS; In 2024, of the 2,498 Albertans who participated in the NDSD online screening test, 63 percent were recommended to seek further evaluation;

WHEREAS; During the week of October 6-12, Albertans are encouraged to check in on their mental health and take the free online screening test at areyoufeelingok.com

THEREFORE: I Mayor Bob Young, on behalf of the City of Leduc, do hereby proclaim October 9, 2025 as National Depression Screening Day in the City of Leduc.



Bob Young | Mayor

