

Fitness Centre Guidelines

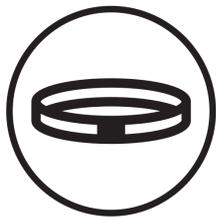
CONDITIONS OF USE



Secure personal belongings. Token lockers are also available for no charge.



Please use the pre-soaked wipes provided to clean equipment after each use. Dispensers are located throughout the Fitness Centre.



Wristbands must be worn at all times.



Return fitness equipment and accessories to their designated place after use. To avoid damage of equipment, please do not drop weights in the Fitness Centre.

DRESS REQUIREMENTS



To ensure your safety, always wear appropriate workout footwear. Dry, indoor, closed top, athletic shoes are required in the Fitness Centre. No sandals, slippers, Crocs, open-toed/open-heeled shoes, dress shoes, or bare feet permitted.



Clothing with adequate coverage is required. Clothing must be clean and free of inappropriate graphics or language. Jeans or clothes with grommets are not permitted.

SUPERVISION & AGE REQUIREMENTS



In accordance with the facility's Active Supervision policy, children under 8 years old cannot be left unsupervised in the Fitness Centre sitting area or on the Indoor Track.

Please see our Fitness Desk for a full list of facility guidelines.



Guests must be a minimum of 16 years old to access the Fitness Centre. Youth 12-13 are permitted in the company of a responsible adult after completing a Teen Fit Orientation. Youth ages 14-15 are permitted unaccompanied after completing a Teen Fit Orientation.

PLEASE BE RESPECTFUL



The City of Leduc believes in providing a comfortable, inclusive, safe and enjoyable experience for all patrons, users and staff. The City of Leduc will support the right of all to attend, participate or be active; however will not tolerate unacceptable behavior in any program, activity, service or event offered or held on City of Leduc owned facilities/premises and will take progressive steps to ensure that incidents or unacceptable behaviour and violence do not occur.