



City of Leduc

FCSS Community Wellness Scan

What We Heard Report December 2025

Project Overview

The FCSS Community Wellness Scan was guided by the FCSS mandate, aiming to shape future FCSS initiatives and promote well-being and connection.

Who We Engaged, When and How

From May 1–August 31, 2025, City of Leduc residents shared their experiences, concerns, and ideas about community wellness and belonging. The scan link was available on the city website, advertised in the Rep, and on postcards and posters at various business and community organizations.

FCSS Staff engaged in person at various community events and stakeholder opportunities such as:

- Black Gold Mental Health Regional resource fair
- Opaho, Leduc Composite, and Christ the King School
- Maclab Theatre Wednesday Night Series
- Leduc Art walk, Summer in the City and Park Pop Ups

We received 415 responses. Participants were invited to in-person engagement sessions to review scan results and discuss next steps.

What We Asked

The survey explored residents' sense of belonging, connection with neighbours, and overall community wellness in Leduc. Participants were asked about barriers to belonging, activities that support connection, and ideas to strengthen community well-being.

What We Heard (See Appendix A)

What Happens Next

Based on the findings, FCSS developed a list of potential future workshops discussed at the Engagement Session:

- Building Hope: A Community Conversation on Substance Awareness with Naloxone Training
- D-Stress: Stress Management in Challenging Times, Making Friends in the Adult World, Becoming Conscious Allies, Anti Racism, Learning to Confront the Uncomfortable, Life Safety and Navigator Presentation.

Workshops will be scheduled throughout 2026 and 2027

Engagement participants were invited to sign up for an FCSS email list, to be notified of future workshop dates. This sign up is also posted in our office for clients to utilize. Workshops will be listed on City of Leduc Website and advertised through our social service contacts and networks.

Appendix A - What We Heard

Noted barriers to belonging:

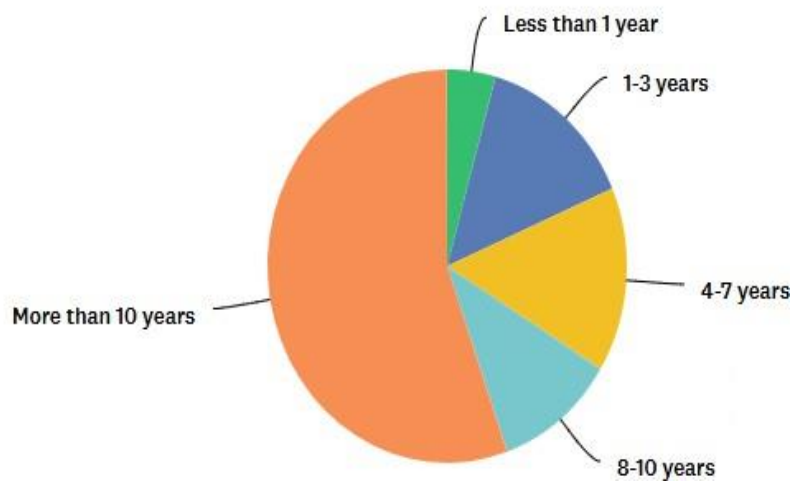
- Safety (theft, crime)
- Sense of 'cliques'
- Lack of programs offered after work hours for working folks
- Language
- Racism
- Mobility, access inclusion for those living with disabilities
- Lack of non-secular gathering spaces

Noted ideas for Community Wellness:

- Cultural and inclusive events
- Youth-centred programs and supports
- More inclusive programs, safe spaces for all
- Community wellness check ins, community projects
- Gatherings open to anyone, not sport or interest specific
- Supports for those living with disabilities
- Supports for our unhoused population
- Volunteer opportunities

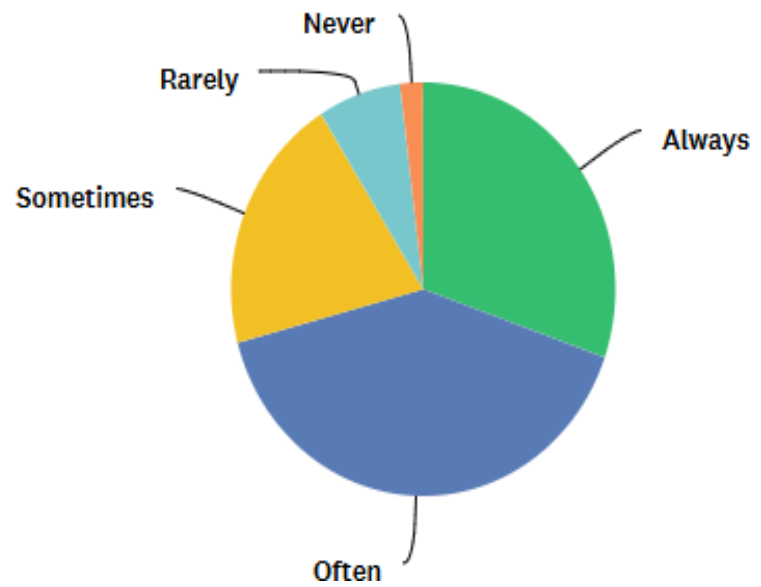
How long have you lived in Leduc?

Answered: 415 Skipped: 0



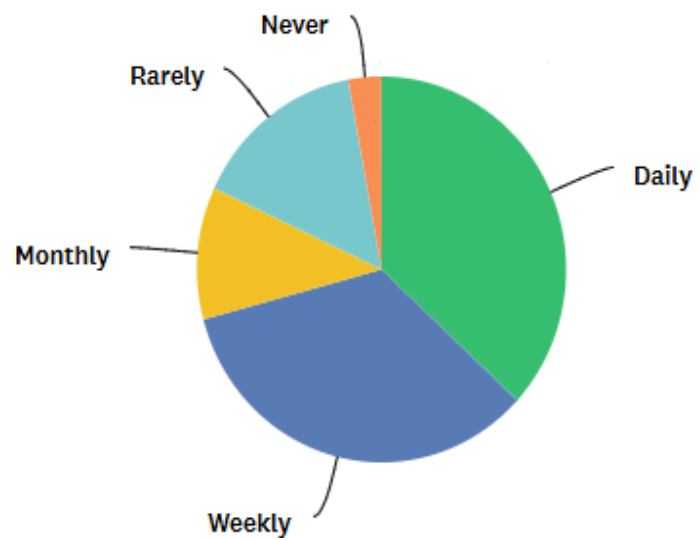
How often do you feel a sense of belonging in Leduc?

Answered: 415 Skipped: 0



How often do you interact with your neighbors?

Answered: 415 Skipped: 0



How would you rate the overall community wellness in Leduc? *A well community fosters connection, belonging, and mutual care, ensuring that every member feels supported to thrive.

Answered: 415 Skipped: 0

