Emergency Kit Checklist

Here's what to pack

Food and water

- Water (4L per person per day)
- Non-perishable food

Clothing and bedding

- Change(s) of clothing
- Spare shoes
- Sleeping bag, blanket or emergency heat blanket

Light and fuel

- Battery-powered or crank flashlight/lamps

Equipment

- Extra batteries
- Pen and paper
- Pocket knife
- Duct tape
- Multi-tool

Personal Supplies and Medication

- First-aid kit
- Personal hygiene supplies
- Toilet paper
- Over-the-counter medications and prescription
- Copies of prescriptions
- Pet food and supplies
- Plastic wrap, aluminum foil, re-sealable bags
- Garbage and recycle bags
- Hand sanitizer and wipes

Documents and identification

- Personal identification
- Copies of birth and marriage certificate, will, passports, citizenship papers
- Insurance policies
- Cash (small bills and change)
- Contact list

Distraction and comfort items

- Playing cards and games
- Crossword puzzles
- Notebook and pen

Make a mini kit

Being prepared can take the inconvenience out of unexpected situations. A mini kit that goes where you go can help to keep you prepared for whatever comes your way. Items to consider including:

- Small amount of cash
- Hand sanitizer and extra non-medical mask
- Bus tickets
- Phone charger
- Package of wipes/tissues
- Painkillers and back up medication

For more information, visit

www.Leduc.ca/emergency-preparedness

CITY OF Leduc