

# Indoor Track Guidelines

The City of Leduc is committed to fostering a safe, respectful, and inclusive environment for all. Everyone has the right to safely attend and participate in City of Leduc programs, services, activities, and events.

**Indoor Track refers to lane usage only – corner zones follow Fitness Centre guidelines.**  
Please see our Fitness Desk for a full list of facility guidelines.

## Wristbands and Admission

- Designated wristbands must be always worn in proof-of-payment areas.
- Refusal to wear a wristband will result in denial of access to these spaces.
- Wristbands from previous days must be removed before entry.

## Supervision Requirements

- Children 7 years of age and under must be actively supervised by a responsible person 18 years of age or older in close proximity.
- Youth 13 years of age or under must be actively supervised by a responsible person 18 years of age or older.
- The supervision ratio for the Indoor Track is 1:4.

## Dress Requirements

- To ensure your safety, always wear appropriate workout footwear.
- Dry, indoor, closed top, athletic shoes are required on the Indoor Track. No sandals, slippers, Crocs, open-toed/open-heeled shoes, dress shoes, or bare feet permitted.

## Locker Use

- Secure personal belongings. Free wallet and key lockers available.
- Lockers are intended for same-day use only. Any locks left overnight will be removed and discarded. Valuables recovered from lockers will be turned in to Guest Services, and all other items will be placed in the lost and found.

## Food and Beverage

- No food and beverages are allowed on the Indoor Track except non-glass water bottles with secure lids.

## Photography and Privacy

- Photography and video recording are not permitted in washroom or changeroom spaces or where signage is posted restricting these activities.
- Avoid capturing others in photos or videos without their consent.

## Walking and Running Etiquette

- Stay aware of others at all times.
- Avoid stopping abruptly on the Indoor Track.

## Direction and Lane Use

- Follow posted running direction (clockwise or counterclockwise)
- Inside lanes = walkers/slower pace
- Outside lanes = faster runners
- Pass on outer lanes only

## Conduct and Behaviour

- Fitness equipment and accessories can be used on lanes but must be returned to their designated place after use.
- Abusive language, inappropriate conduct, profane language, and disrespectful or aggressive behaviour are not tolerated.
- Staff reserve the right to ask individuals to leave for such behaviour and may issue a suspension or permanent ban from the facility.